

# KAILASH MANSAROVAR YATRA

8N9D

INR 1,75,000/- per person



## DAY WISE ITINERARY FOR KAILASH YATRA

### Day 01: Arrival Lucknow – Nepalgunj (150m)

Pick up from Lucknow drive to Nepalgunj (190km,5 Hrs).Transfer to Hotel in Nepalgunj.

Yatra Briefing: Before dinner a Short briefing about Kailash Mansarovar Yatra

Meals: Dinner at Hotel

Hotels: 3 Star – Cygnet Krishna Inn or Similar

### Day 02: Nepalgunj – Simikot (2800m)

After breakfast fly to Simikot (50 Min ,16 Seater Airline), evening Visit Shiva Temple.

Meals: Breakfast, Lunch & Dinner)

Hotels: Humla Resort or Similar

### Day 03: Simikot – Hilsa – Purang (3700m)

After breakfast fly to Hilsa by 6 Seater Helicopter (20 Min, 20 Kg weight limit) wait for the others member to arrive at Hilsa (since it is a group visa and everyone have to enter Tibet side in one group) complete immigration & custom formalities in Nepal and China side then continue drive to Purang (30 Km ,1 Hrs ,on the way we have to pass up to 2 Checkpoints where checking might take upto 1 hour each check post ).

Meals: Breakfast, Lunch & Dinner

Hotel: Hotel Himalayan or Similar

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## Day 04: Acclimatization -Rest Day (3900m)

All day is free for acclimatization; today you can buy Jar to collect Kailash jal.

Meals: Breakfast, Packed Lunch & Dinner)

Hotels: Hotel Himalayan or Similar

## Day 05: Purang – Manasarovar (4550m)

After breakfast drive to Rakshas Tal (70 km,1.5 hrs) on the way you will have to pass 1 check point.After reaching Rakshas Tal you will see Gurla Mandhata Parvat & first view of Mt.Kailash south face and Manasarovar Lake ,25 Km drive we reach Manasarovar then start Parikrma of Manasarovar Lake by Vehicle (102 Km,3 Hrs) and Overnight at the Shore of the Lake.

Meals: Breakfast, Packed Lunch & Dinner)

Hotels: Manasarovar Guest House or Similar

## Day 06: Manasarovar – Darchen – Dirapuk (4860m,First Day of Kora –Trek to Dirapuk)

After breakfast short drive to Tarboche, Visit Yama Dwar.This is starting point of Kora.We will trek to Dirapuk which is 12 km trek (6/7 Hrs) crossing west face of Mt.Kailash,You will visit North face of Mt.Kailash and touching the feet of Mt. Kailash(Charan Sparsh).

Meals: Breakfast, Packed Lunch & Dinner

Hotels: Sisapangma Guest House or Similar

## Day 07: Trek Dirapuk – Zutalbuk (4600M)

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After breakfast trek to Dolma –La Pass and proceed to Zutalpuhuk(22 Km,9/10 hrs Trek).This is the most difficult journey throughout the the yatra since you have to trek up to (5630m).From decent to Gaurikund and trek to Zutulpuk following river.

Meals: Breakfast, Packed Lunch & Dinner)

Hotel: Sisapangma Guest House or Similar

Note: If you are not doing Parikrma, then you will be trek back to Darchen till Parikrma finsh.

## **Day 08: Trek Zutalpuhuk – (Drive) Hilsa (4500m)**

After breakfast short trek ( 8 Km ,2 Hrs) and reach to the point where our coach will be waiting and we will drive to Darchen and merge with other member who were waiting and drive to Hilsa.(also we will take helicopter to Simikot based on situation)

Meals: Breakfast,Lunch & Dinner

Hotel: Hotel Saga or Similar

## **Day 09: Fly to Hilsa – Simikot- Nepalgunj- Lucknow**

After breakfast fly to Simikot (20 Mins) by Helicopter, Fly from Simikot to Nepalgunj (50 mins) and drive to Lucknow (or proceed to lucknow by Road).

Meals: Breakfast & Lunch)

## **Cost Includes**

- 1 Nights accommodation at Nepalgunj on 3 Star Hotel
- 2 Night accommodation at Simikot and Hilsa
- Pick up/drop Lucknow-Nepalgunj-Luknow Airport/Train station

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- 5 Nights Accommodation in Tibet Sharing basis at Guest House
- Nepalgunj-Simikot-Nepalgunj flight ticket (16 seater, Tara Air or Summit Air)
- Simikot-Hilsa-Simikot by Helicopter (5/6 person can carry at a time)
- All necessary arrival/departure transfer in Nepalgunj
- Tibet Group Permit and Visa fees
- Kathmandu Sightseeing by AC Vehicle
- All meals vegetarian basis(Breakfast, Lunch & Dinner)
- All transportation in Tibet by AC Luxury Coach
- English/Hindi speaking Tibetan and Nepali Guide
- Supporting truck to carry equipment
- All necessary trekking and travel permit
- Medical kit bag & Oxygen cylinders of emergency
- Supporting staff (Cooks, Sherpas & Helpers)
- Kailash Manasarovar Yatra certificate
- Humla region restricted area permit and royalties
- One Duffle bag, One Back pack
- Down Jacket refundable
- All applicable taxes & service charges

## Cost Excludes

- International air tickets

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- Travel insurance, Rescuse and evacuation services
- Nepal Entry Visa fees for NRI
- Horse and Porter during Parikrma
- Tips for Guide, Porter, driver and personal expenses
- Extra Hotel charges in Kathmandu if early return from Tibet
- Any additional cost due to natural calamities and unforeseen circumstances
- Extra accommodation charge in Nepalgunj, Simikot and Hilsa if flight is cancelled due to bad weather or delay in permit/Visa from Tibet (please make sure your flight ticket is flexible to change dates)
- Visa splitting charge and extra transportation cost, if returning early from Yatra
- 5 % GST if you deposit in our Indian account

## LUCKNOW ARRIVAL DATES FOR 2020

### KAILASH YATRA 2020 LUCKNOW ARRIVAL DATES BY HELICOPTER

	May	June	July	August	September
<b>Full Moon</b>	<b>03</b>	<b>01</b>	<b>01</b>	<b>30 July</b>	<b>29 Aug</b>
Normal Dates	<b>09</b>	<b>07</b>	<b>07</b>	<b>05</b>	<b>04</b>
	<b>15</b>	<b>13</b>	<b>13</b>	<b>11</b>	<b>10</b>
	<b>21</b>	<b>19</b>	<b>19</b>	<b>17</b>	<b>16</b>
	<b>27</b>	<b>25</b>	<b>25</b>	<b>23</b>	<b>22</b>

#### Hotels Name

Nepalgunj : Cygnett Krishna – 3 Star

Simikot : Humla Resort

Hilsa : Guest House

Purang : Hotel Himalayan

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Manasarovar : Guest House

Darchen : Hotel Himalaya

Derapkuk : Guest House

Zutalphuk : Guest House

## IMPORTANT INFORMATION ABOUT KAILASH YATARA

Please carry at least INR 50,000 for extra expenses such as extra nights stay at hotel/guest house due to any reasons. Any extra cost incurred thereof shall be borne by the clients on the spot. Please keep in mind that Mt. Kailash Yatra is not like an enjoyable holiday tour, therefore you need be prepared to face hardship & unpredictable situation.

*Note: Above rates are valid for 2020 Yatra and any increase in USD will applicable if the rates drastically go up. Also, if the visa has to issue urgent basis, the cost would be extra, since all package cost is based on normal days visa processing.*

## BASIC INFORMATION ABOUT KAILASH YATARA

**Start Point:** Lucknow

**End Point:** Lucknow

**Max Altitude:** 5630m

**Altitude of Kailash Peak:** 6714m

**Best time to visit:** May to September

**Temperature:** Max 20°C to Min -10°C

**Altitude of Manasarovar Taal:** 4550m

**Parikrama of Kailash:** 52 Km

**Parikrama by walk:** 42 Km in three days

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**Distance From Ktm:** 1050 KM (one way)

**Parikrama Of Manasarovar Taal:** 102 Km

**Climate:** Unpredictable

## Required Documents for Kailash Yatra Booking

- Passport valid for at least 6 months
- Age Bar – 10-70 years old.
- Scan Passport Xerox copy should be reached Travelminia Head office, India prior 30 Days.
- Original passport should be reached 10 days prior to the yatra at Delhi Office

## Mode of Payments

- 25% of the total cost should be paid for booking the yatra
- 50% of the total cost should reach Travelminia Journeys account before 15 days of departure date by telex transfer with passport of client.
- And full payment should be made before 10 Days of departure date to Kailash Mansarover Yatra

## Tour Cancellation Policy

- All notice of cancellation must be sent to our office in written
- Verbal cancellations will not be entertained
- 30 days before yatra departure date, 25% of total yatra cost will be deducted
- 15 days before yatra departure date, 50% of total trip cost will be deducted
- There will be no refund at all if you cancel the Yatra less than 10 days before the departure date

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## TERMS & CONDITIONS

These booking Terms and conditions contain important information. It is essential that you read them carefully and understand them as they apply to all services provided by Travelminia.

### Travel Insurance

We advise you to purchase comprehensive travel insurance package against medical, nature calamity, helicopter evacuation, personal accident and cancellation etc. we do not have any insurance policies we sell but it is available from India base insurance company.

### Changes By You

If you wish to change your tour, you must inform our staff at least 30 days before the tour. Any extra charge or loss incurred due to such change will be borne by you.

### Cancellation By The Company

We may be obliged to cancel your trip by reasons like border closed, permit not issued or cancelled by the government, war, riots, civil disturbances, strikes, natural disasters, terrorist activities or threat of such and closure of airport etc. Under such circumstance, we will advise you as soon as possible if we can offer you an alternative trip of comparable standard or make a refund of the money paid to us after deducting the expenses that was spent to make the bookings of the flights, visas, permits, hotels and vehicle booking. A clear bill of the expenses will be provided to you so that you will be able to claim the insurance. However, we can be under no other liability to you in such cases. Sometimes Chinese government personnel will refuse to give you entry even if you have permit if they think you are not eligible based on their criteria. Please do not start your journey until you get confirmation of permit.

### Refund

No refund will be made to any tour member in-case of incomplete Yatra due to what so ever reasons.

### Privacy

Soham Journeys is committed to protecting the privacy and confidentiality of personal information.

### Changes To These Terms And Conditions

Soham Journeys has the authority and the right to at any time it sees fit to change or modify all or any part of these terms and conditions.





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## Age Factor

Please note that Kailash permit will not be issued for the person who is above 70 years old

## IMPORTANT PRE-DEPARTURE INFORMATION

### Clothing

Casual wears and comfortable walking shoes are the rule of Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to cold. Indian Pilgrims are advised strictly not to wear Sari during this Yatra. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful is a route map, to know where you are going and have been each day.

### What To Take

Winter wear: Gore-Tex material, though expensive, is highly recommended. Down jacket, raincoat or windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

### Bring With You

You may bring the snacks for along the way such as chocolates, dry fruits, toffees, glucose, namkeen etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes).

Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, body spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small shoulder bag), Camera & films, Binocular.

### Health

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 18500ft during the Parikrama, etc.

### Altitude Sickness

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As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Mansarovar (4550M) moving on to the higher altitudes.

Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. We provide Gamow bag (a special equipment to prevent sickness from high altitude) on this tour.

## **Currency**

The unit of Chinese currency is Yuan. USD 1 = 6.48 Yuan & 1 Yuan = INR 10.28 approx. (as of December 2015). Money can be exchanged at Bank of China at Zhangmu or from the locals at Zhangmu or Kodari. Exchange all your remaining Yuan at the end of the trip at Zhangmu before re-entering Nepal .

## **Risks & Liability**

Travelminia and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conducted strictly under the rules & regulation of Tibet Tourism Bureau (TTB). Therefore, Travelminia and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, and cancellation of flight, delay arrival, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.

## **INDIA OFFICE**

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*If you require more information please do not hesitate to contact us anytime. Please find the contact details above.*

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For Travelminia